

Section 3 Relationships and Interactional Challenges

Please turn in your assignment by uploading it to your goggle drive folder.

Developmental Perspective Paper

You can either use one of the people from your action research assignment or chose someone new.

- Which stage do you think is predominant for them?
- What information are you basing your assessment upon? (give examples)
- What information do you think would be most useful to share with them and how?
- Identify some coaching questions you have tried or will try with them.
- Identify successes and challenges you have had in working with and communicating with this person.
- Name any correlations you see between your work with them, the approaches you've used, their stage of readiness, and the outcomes of your work.

Develop and write up a plan for how you will work with them based on your research.

Lessons From the Playroom Podcast Reflection Paper Instructions

Listen to the 20-minute LFPR Episode 118 podcast called [“How Trying to be Calm Gets in the Way of Regulation”](#) and write a one-page reflection paper, considering the following:

- The idea that regulation doesn't mean calm, and that being an external regulator means moving towards dysregulation, can challenge previous beliefs and bring up discomfort.
- Do you think that this is an important concept to address with educators? Why or why not?
- As you think about talking to educators about this concept what thoughts come to your mind?
- How will you work with educators to understand this concept?

Perceived Challenges Reflective Writing Activity

Of the challenges we covered in class, or other challenges you've experienced in your work with educators or schools, which do you perceive as the most difficult to work with? Why do you think that's the case?

Step 1: Some things to consider as you do your reflective writing:

- What is being activated in you? What was/is the set-up? As you think back to the experience, what physical sensations do you experience in your body? What information might this offer?
- Did you, or do you, have a fear that is coming up? If so, what is that fear (rejection, failure, etc)?

Step 2: Stop writing.

- As you read over what you wrote take some deep breathes, move your body and/or give yourself proprioceptive input or anything else that feels right for your body.

Step 3:

- What have you learned by doing this reflection activity? Did anything surprise you?